

Alice Holt Races 2019

The 10km winners in each category were:

Senior men:

1. Christopher Tizzard (AFD) 37:45
2. Matthew Brown 40:23
3. Douglas Smith (Fleet and Crookham AC) 41:32

Senior Ladies:

1. Mischa Kluyver 56:31
2. Marie Fall (Clapham Chasers) 59:19
3. Charlotte Turner 59:25

Men 40-49

1. James Wallace (Hart Road Runners) 39:56
2. Harvey Wickham (Farnham Runners) 42:34
3. Rob Fleming (Liss Runners) 43:04

Ladies 35-44

1. Emily Trumplemann (Lordshill Road Runners) 42:21
2. Kat Barrett (Alton Runners) 47:13
3. Fiona Wise 47:36

Men 50-59

1. Tom Frost (Liss Runners) 42:09

Ladies 45-54

1. Melanie Wiles 49:06

Men 60-69

1. Terry Copeland (Farnham Runners) 46:14

Ladies 55-64

1. Alison Richardson (Blackwater Valley Runners) 48:29

Men 70+

1. Robert Cornwell (Fleet and Crookham AC) 54:38

The 5km winners in each category were:

Junior man

1. Alastair Rushworth (AFD) 17:49
2. Ollie Webb (Fleet and Crookham AC) 20:37

Senior man

1. Finlay McGuinness (Fleet and Crookham AC) 19:20
2. Jonathan O'Connor (Fleet and Crookham AC) 19:56

Junior lady

1. Genevieve Long 25:38
2. Isobel Taylor 33:05

Senior lady

1. Daisy Rae (Blackwater Valley Runners) 21:51
2. Elaine Bardshaw 24:51

The 3 km winners were:

Boys

1. Aaron Webb (Fleet and Crookham AC) 12:07
2. Tom Wattenbach (AFD) 12:20
3. Daniel Orbell (AFD) 12:27

Girls

1. Robin Simons (Guildford and Godalming A.C.) 12:20
2. Maya Jobbins (AFD) 12:35
3. Julia Smykale 13:54

The 1km winners were:

Boys

1. Tobi Adeniran 5:01
2. Finn Woolston 5:02
3. Emmanuel Nelson 5:08

Girls

1. Jamie Simons 4:54
2. Kiri Jobbins 4:59
3. Charlotte Law 5:16