

**Alice Holt 2009 - 10K Men Results**

<b>Position</b>	<b>Time</b>	<b>Name</b>	<b>Team</b>	<b>Category Number</b>	
1	0:32:12	LAMBERT, Toby	Winchester & District AC	M30	318
2	0:36:03	DICKER, Tad	Fleet and Crookham AC	M43	273
3	0:36:28	WELLARD, Scott	Alton Runners	M36	253
4	0:36:56	CHETTLE, James	Cambridge University	M22	246
5	0:36:59	DENNIS, Paul	Woking AC	M23	216
6	0:37:05	HAMILTON, Alex		M34	288
7	0:37:14	RUSS, Graham	Farnham Runners	M24	290
8	0:37:20	GUEST, Phil	Portsmouth Joggers	M52	268
9	0:37:29	MANN, Julian	Farnham Runners	M41	142
10	0:37:39	CARLEY, Ian	Farnham Runners	M41	68
11	0:37:40	WALLACE, James	Hart Road Runners	M30	45
12	0:37:53	FLEMING, Paul	Haslemere Border AC	M45	133
13	0:38:28	MANNING, John		M34	312
14	0:39:21	HOWARD, Ian	Fleet and Crookham AC	M54	243
15	0:39:23	THOMAS, Stephen	Hart Road Runners	M44	127
16	0:39:43	HOLMES, Nick	Fleet and Crookham AC	M51	233
17	0:39:50	JENKINSON, Robert	Midhurst Milers	M37	269
18	0:39:55	HANCOCK, Nick	Sutton & District	M44	227
19	0:39:59	CHARLES, Tim		M33	124
20	0:40:06	WEBB, Andrew	Haslemere Border AC	M51	96
21	0:40:12	SMITH, Michael	Farnham Runners	M48	109
22	0:40:18	ROWE, Simon	Hart Road Runners	M38	297
23	0:40:39	RAYMOND, Rupert Guy	Haslemere Border AC	M34	71
24	0:40:45	SPOONER, Jonathan		M38	204
25	0:41:08	BULLOCK, Peter	Hart Road Runners	M46	6
26	0:41:12	SIMPSON, Peter		M28	261
27	0:41:12	READING, Julian	Haslemere Border AC	M22	179
28	0:41:15	MACKAY, Graeme	Dorking & Mole Valley	M46	144
29	0:41:20	SMITH, Dan	Farnham Runners	M37	2
30	0:41:27	CUMMINS, Timothy	Farnham Runners	M39	28
31	0:41:42	BIGGS, Paul	Sandhurst Joggers	M45	244
32	0:41:43	CRAWFORD, Damien		M37	49
33	0:41:58	FRICKER, Thomas	Aldershot Farnham & District	M16	295
34	0:41:59	PURCHASE, William	Liss Runners	M41	156
35	0:42:15	BRISTOW, Mark		M36	306
36	0:42:24	FRANK-SCHULTZ, Erwin		M41	214
37	0:42:42	BENDLE, Jerry	Hart Road Runners	M45	40
38	0:42:42	HULL, Keith	Windle Valley	M60	232
39	0:42:48	MASON, William	University of Surrey	M34	63
40	0:42:49	DEAL, Edward		M49	194
41	0:42:57	LEEFE, Tom		M41	185
42	0:43:04	BRANSBY-ZACHARY, Tom		M34	267
43	0:43:09	PENDRED, Oliver		M33	53
44	0:43:23	CARTER, Stuart		M46	26
45	0:43:28	SMEE, Grahame	Hart Road Runners	M43	90
46	0:43:31	HILL, Nick	Farnham Runners	M45	225
47	0:43:31	HAMILTON, Oliver		M28	285
48	0:43:39	WALTERS, Ed		M37	118
49	0:43:41	WALBERTON, Michael	Farnham Runners	M50	5
50	0:43:42	REYNOLDS, Gavin		M32	240
51	0:43:44	MANNING, Paul		M27	51
52	0:43:53	ROGERS, Tom	Farnham Triathlon Club	M48	107
53	0:44:01	MICKLEFIELD, Jon		M51	58
54	0:44:19	VAUGHAN, Christian	Farnham Triathlon Club	M50	169
55	0:44:21	MCCARTHY, Ian		M38	70

56	0:44:22	NEWMAN, Ralph		M50	215
57	0:44:25	HARRISON, Martin	Cove Joggers	M40	281
58	0:44:25	COWARD, Alex		M38	61
59	0:44:28	ASHWORTH, Mike	Farnham Runners	M30	213
60	0:44:29	MELROSE, Michael		M41	39
61	0:44:38	GALE, Peter	Midhurst Milers	M36	294
62	0:44:47	DUNSTAN,		M30	284
63	0:44:49	SWORN, Andrew	Hart Road Runners	M43	81
64	0:44:58	UTTERIDGE, David		M49	205
65	0:45:04	HALE, Ray	Sandhurst Joggers	M59	282
66	0:45:04	RICCI, Antonio		M39	304
67	0:45:05	MORGAN, Ian	London Frontrunners	M37	148
68	0:45:06	HOLMES, Nathan		M21	234
69	0:45:06	LODGE, Andrew		M37	13
70	0:45:19	SHEARD, David	Basingstoke & Mid Hants	M49	34
71	0:45:21	MURDOCH, Robert	Farnham Runners	M52	231
72	0:45:23	THOMAS, Nicholas	Waverley Harriers	M35	212
73	0:45:25	WALIA, Marcus		M43	154
74	0:45:31	CURRIE, Stephen	Haslemere Border AC	M45	79
75	0:45:31	LINES, Richard		M42	146
76	0:45:32	CRAMP, Christopher	Farnham Runners	M40	207
77	0:45:37	COPELAND, Terry	Midas Runners, Farnborough	M50	196
78	0:45:38	BHATTI, Javed	Hart Road Runners	M45	270
79	0:45:42	CARTER, Nick	BAE Systems	M47	193
80	0:45:45	ARMSTRONG, David	Farnham Runners	M51	155
81	0:45:48	PETTITT, Robert	Road Runners Club	M57	165
82	0:46:09	RICE, Darren		M37	161
83	0:46:09	BARBIER, Alex		M28	255
84	0:46:14	LAMOND, Cameron		M39	131
85	0:46:19	COPE, Alistair		M46	230
86	0:46:21	ROBSON, Graham		M46	143
87	0:46:22	ORGAN, Jim	Aldershot Farnham & District	M62	80
88	0:46:24	BAKER, Andrew		M27	298
89	0:46:25	SMITH, Peter		M41	173
90	0:46:39	BOYD, Kevin		M35	19
91	0:46:41	WHELAN, Charles	Farnham Tri	M39	309
92	0:46:41	ADAMS, Gary		M38	93
93	0:46:43	LEECH, Matt	Team Spritzer	M32	310
94	0:46:44	EVANS, Phillip		M37	274
95	0:46:48	JOOSTE, Conrad		M35	111
96	0:46:50	EVANS, Colin		M46	105
97	0:46:52	O'CONNOR, Ben	Alton Runners	M41	222
98	0:47:05	BLANDFORD, James		M39	57
99	0:47:07	MANETTA, Chris	Reading Road Runners	M50	94
100	0:47:13	HOLDWAY, David	Fleet and Crookham AC	M41	202
101	0:47:23	INNS, Howard	Farnham Runners	M54	99
102	0:47:30	RABY, Chris		M50	238
103	0:47:35	HOOKER, Michael	Alton Runners	M67	235
104	0:47:43	AYO, James		M39	229
105	0:47:52	MEACOCK, Miles		M35	315
106	0:48:00	FITZSIMMONS, Malcom	Farnham Runners	M56	1
107	0:48:09	KIDDIE, James	Reading Road Runners	M62	266
108	0:48:10	MCNULTY, Johnny		M33	91
109	0:48:13	HURDLE, Timothy		M41	101
110	0:48:19	HARRISON, Giles		M43	56
111	0:48:21	BUTCHER, Vince		M42	139
112	0:48:30	JONES, Derek		M55	197

113	0:48:30	MACLEOD, Gordon		M42	59
114	0:48:32	SYKES, Alastair		M33	67
115	0:48:34	BATEMAN, David	Haslemere Border AC	M44	254
116	0:48:39	DEGROOT, Coenie		M42	271
117	0:48:41	MADELIN, Gary		M57	24
118	0:48:41	BOXALL, Leslie	Farnham Runners	M46	110
119	0:48:42	CARTER, Hillary	Farnham Runners	M54	54
120	0:48:46	ANSELL, Martin	Cruisers Running Club	M49	95
121	0:48:47	MILLER, Paul		M55	138
122	0:48:48	POWERS, Neil		M38	125
123	0:48:52	REEVES, Steve		M52	248
124	0:49:04	FRANKLIN, Toby		M37	249
125	0:49:11	DAY, Jeremy		M17	160
126	0:49:11	GAREWAL, John		M40	289
127	0:49:11	O'REILLY, Liam		M32	174
128	0:49:15	COXHEAD, Mark	Cruisers Running Club	M51	21
129	0:49:16	LAMBERT, Jon		M31	75
130	0:49:20	NEWBOULD, John		M40	27
131	0:49:30	SMIT, Ben	Hart Road Runners	M37	258
132	0:49:35	BIRD, Anthony		M64	167
133	0:49:35	HASLAM, Jonathan		M39	184
134	0:49:41	BAUSOR, Neil	Hart Road Runners	M54	275
135	0:49:43	LANG, Jeremy		M30	46
136	0:49:46	GROGUT, Nick	Hart Road Runners	M38	210
137	0:49:48	CUMMINGS, Trevor	Wolverhampton & Bilston AC	M44	241
138	0:49:50	ROSLING, Adam		M18	278
139	0:49:50	MILLS, Michael		M47	313
140	0:49:53	ROSLING, Mark		M49	279
141	0:49:57	SMITH, David		M27	264
142	0:49:59	HADDEN, Matthew		M33	314
143	0:50:05	SHORT, Dave		M19	76
144	0:50:07	HALL, Chris	St Clears Trots	M46	292
145	0:50:10	CORNWELL, Robert		M63	30
146	0:50:22	ARTHUR, Simon		M47	100
147	0:50:25	BROWN, Geoff		M42	98
148	0:50:27	KING, Nick	Farnham Runners	M36	132
149	0:50:27	DASH, Ben		M29	224
150	0:50:29	DAY, David		M49	159
151	0:50:31	APPLEBEE, Mark		M43	22
152	0:50:33	BAKER, Jeremy		M47	171
153	0:50:34	HEWSON, David		M61	14
154	0:50:42	GRIFFITHS, Dean		M43	182
155	0:50:51	PARTRIDGE, Ray		M43	226
156	0:50:54	THOROGOOD, Justin		M42	12
157	0:50:55	HOLDERNESS, Andrew		M47	164
158	0:50:55	SHERLOCK, Richard	Windle Valley	M53	102
159	0:50:55	HALL, Simon		M40	72
160	0:51:00	PUNTER, Brian		M55	219
161	0:51:03	LEWIS, Matthew		M24	256
162	0:51:11	WALSH, Sean		M45	250
163	0:51:13	SNELLING, Steven	Cove Joggers	M53	259
164	0:51:25	WATTS, Darren		M40	187
165	0:51:31	WILLIAMS, Mark	Winchester & District AC	M43	44
166	0:51:33	EAGLE, Mike		M35	60
167	0:51:38	LAFFERTY, Ron	Hart Road Runners	M52	36
168	0:51:46	GREGORY, Paul	Hart Road Runners	M53	189
169	0:51:48	DOWDALL, Tim	Cranleigh Tortoise & Hare	M40	307

170	0:51:52	BISHOP, Paul		M69	78
171	0:51:57	NICHOLSON, Kevin		M40	88
172	0:52:06	BOWDITCH, Mark		M48	25
173	0:52:09	BURTON, David	Dorking & Mole Valley	M54	203
174	0:52:13	STOKER, Robert		M34	150
175	0:52:15	HASSON, Peter		M47	293
176	0:52:23	GERHARDT, Simon		M40	201
177	0:52:26	EPPS, Patrick		M42	247
178	0:52:28	ROBINSON, Simon		M44	316
179	0:52:33	GODBER, Steve		M55	218
180	0:52:35	BAMFORD, Andrew		M50	265
181	0:52:38	CHRISTIE, Adam		M32	83
182	0:52:39	PATTERSON, Paul		M36	120
183	0:52:40	MANNING, Alan		M58	180
184	0:52:50	SANDY, Paul		M28	317
185	0:52:56	HOUSE, Richard		M40	126
186	0:52:57	WEST, Peter		M51	206
187	0:52:59	WAKEFIELD, Robin	Windle Valley	M52	32
188	0:53:08	DAY, Ian		M37	257
189	0:53:12	JOHNSON, Mark		M42	106
190	0:53:16	CAUSEY, Mike		M35	112
191	0:53:25	JOHNSTON, Peter		M39	237
192	0:53:26	WARREN, Alexander		M34	287
193	0:53:35	UWINS, Colin		M51	252
194	0:53:42	DAVIES, Kit		M44	208
195	0:53:49	MORGAN, Pete		M36	122
196	0:53:53	ROSE, Adrian		M45	84
197	0:53:54	OWEN, Simon		M49	162
198	0:54:00	SHEPPARD, Richard	Farnham Runners	M43	221
199	0:54:14	HALL, Michael		M39	178
200	0:54:37	ROWE, Christopher		M30	147
201	0:54:46	O'DONNELL, Mark		M35	283
202	0:54:51	ROBINSON, Peter		M61	66
203	0:54:56	NICHOLLS, James		M35	3
204	0:55:03	PARTRIDGE, Andy		M47	188
205	0:55:07	SCOTT, John		M35	175
206	0:55:08	WOOD, Christopher		M56	10
207	0:55:18	BUTCHER, Martin		M47	97
208	0:55:22	CAMERON, Graham		M40	104
209	0:55:25	JACKSON, Graham		M59	209
210	0:55:36	ROBSON, Martin	Midhurst Milers	M68	291
211	0:55:36	ELEY, Dan		M33	262
212	0:55:40	GARDINER, Martin	Folly Runners	M55	18
213	0:55:40	STRANGE, Peter	Farnham Runners	M65	43
214	0:55:42	PILBROW, Alastair	Haslemere Border AC	M40	296
215	0:55:44	LAWRENCE, Stephen		M37	85
216	0:55:52	CHISHOLM, Gawaine		M35	8
217	0:55:57	ARNOLD, Alan	Hart Road Runners	M39	157
218	0:55:57	BLACKBOURN, Simon		M41	82
219	0:56:06	NORWOOD, Jeremy		M31	35
220	0:56:25	SPENCER, Edwin		M12	151
221	0:56:35	RUSSELL-TRACEY, James		M46	286
222	0:56:37	MCEACHEN, John	Farnham Runners	M51	191
223	0:56:38	COX, Brian	Hart Road Runners	M66	195
224	0:56:40	MATTHEWS, Brian		M42	245
225	0:56:45	GILDING, Colin	Haslemere Border AC	M36	137
226	0:56:45	DUNGEY, Neil		M41	223

227	0:56:47	HOPKINS, Tony	Barfield School	M48	73
228	0:56:55	SPOONER, James		M41	145
229	0:56:59	BAIN, Chris		M52	170
230	0:57:05	JEFFERIES, Bruce		M46	198
231	0:57:24	DOUGLAS, Steven		M36	41
232	0:57:30	STATON, Sam		M19	128
233	0:57:38	SMITH, Julian		M48	220
234	0:57:42	ALTHEN, Uli		M51	260
235	0:57:43	EDWARDS, Robert	Victory AC	M66	153
236	0:57:58	TAYLOR, Emma		M34	609
237	0:58:13	WOODS, Colin	Windle Valley	M50	103
238	0:58:14	PRITCHARD, Jamie		M38	48
239	0:58:15	KELLY, Martin		M45	50
240	0:58:26	WHILLANS, David	Barfield School	M50	74
241	0:58:28	TIMPSON, Nic		M29	263
242	0:58:32	WORTH, Philip		M59	211
243	0:58:44	STEWART, Mike	Barfield School	M48	276
244	0:58:53	ROBINSON, Howard	Hart Road Runners	M62	20
245	0:59:00	BLACKNELL, Paul	Farnham Runners	M45	64
246	0:59:00	CONOLEY, Michael	Barfield School	M52	69
247	0:59:07	NEIL, Simon		M41	200
248	0:59:16	SMITH, Richard	South West Vets AC	M69	38
249	0:59:25	YATES, Rory		M33	177
250	0:59:29	DEMOSTHENOUS, Christos		M37	134
251	0:59:33	BARRY, Paul		M40	311
252	0:59:51	PARKER, Adam		M35	199
253	1:00:03	DADD, Michael	Liss Runners	M67	168
254	1:00:03	BIRD, Allan	Farnham Runners	M66	158
255	1:00:18	STATON, Peter		M56	130
256	1:00:44	MEADEN, Alan	Ranelagh Harriers	M59	115
257	1:01:01	SULLIVAN, Robert		M42	228
258	1:01:36	LANSLEY, Justin		M37	87
259	1:01:36	SHARATT, Ian		M40	65
260	1:01:37	BROWN, Ian		M52	33
261	1:01:55	BLAKE, Terry	Alton Runners	M69	163
262	1:02:05	BONELLA, Ricardo		M44	62
263	1:02:07	TAYLOR, Garry	Farnham Runners	M44	190
264	1:02:20	MEPSTED, Lee		M45	108
265	1:02:27	BOSHER, Mark		M39	17
266	1:03:00	GILES, Mark		M52	192
267	1:03:10	SHEZZIFF, Greg	Oxted Runners	M37	308
268	1:03:31	AVERY, Gary		M43	280
269	1:04:10	MEADEN, David	Ranelagh Harriers	M62	9
270	1:04:28	PORTER, Derek	Vets AC	M76	117
271	1:05:57	BULLWORTHY, Simon		M47	186
272	1:06:10	GODBER, Paul	Southampton Running Club	M29	217
273	1:06:38	ILLAVIA, Jawaz		M36	135
274	1:06:50	SOUTHION, Simon		M38	136
275	1:06:57	LOWE, Andy		M44	47
276	1:07:35	MOSELEY, Martin		M40	52
277	1:08:59	MARTIN, Lee		M22	141
278	1:09:00	KNIGHT, Barry		M33	242
279	1:10:02	POTTER, Stephen		M44	114
280	1:10:04	WHITE, Alastair	White Designs Ltd	M34	55
281	1:14:10	MILNE, John	Barfield School	M51	277